## 9 Integration theory

Integration theory is set up for a general measure just as for Lebesgue measure. We first define the integral on simple functions, then on bounded measurable functions of compact support, then on nonnegative measurable functions and finally on all measurable functions.

We have the following definitions:

- A measure $\mu$ is complete if every subset of a measure zero set is measurable (and necessarily has measure zero)
- A measure space $(X, \mathcal{M}, \mu)$ is $\sigma$-finite if $X$ can be written as a countable union of measurable sets, each with finite measure

For the remainder of this section, we'll assume our measure spaces are complete and $\sigma$-finite wherever convenient.

- Let $(X, \mathcal{M}, \mu)$ be a measure space. A function $f: X \rightarrow[-\infty, \infty]$ is measurable if the inverse image of every open set is measurable. (It is sufficient to require that the inverse image of $[-\infty, a)$ is measurable for each $a \in \mathbb{R}$.)
- A function $g: X \rightarrow \mathbb{C}$ is measurable if its real and imaginary parts are.
- A function is simple if it a finite linear combination of characteristic functions of measurable sets.
Then we have the properties:
- If $f_{n}$ are measurable functions, then $\sup f_{n}, \inf f_{n}, \lim \sup f_{n}, \lim \inf f_{n}$ are measurable;
- If $f(x)=\lim f_{n}(x)$ then $f$ is measurable;
- If $f$ and $g$ are measurable, then powers $f^{k}$ are measurable, $k \geq 1$, and if they are both finite-valued then $f+g$ and $f g$ are measurable
- if $f=g$ a.e. with respect to $\mu$ and $f$ is measurable then $g$ is measurable.

We also have approximation properties:

- If $f$ is nonnegative and measurable, then there exists a sequence of nonnegative simple functions $\phi_{n}$ such that $\phi_{n} \leq \phi_{n+1}$ and $\lim _{n} \phi_{n}(x)=f(x)$; Take $\phi_{n}$ to the largest simple function, with $\phi_{n} \leq f$, and values in $2^{-n}\left\{0,1,2, \ldots, 2^{2 n}\right\}$. Explicitly, this is

$$
\phi_{n}=\sum_{k=0}^{2^{2 n}} k 2^{-n} \chi_{f^{-1}\left[k 2^{-n},(k+1) 2^{-n}\right)}+2^{n} \chi_{f^{-1}\left[\left(2^{2 n}+1\right) 2^{-n}, \infty\right)}
$$

- If $f$ is measurable, then there exists a sequence of simple functions $\phi_{n}$ such that $\left|\phi_{n}\right| \leq$ $\left|\phi_{n+1}\right|$ and $\lim _{n} \phi_{n}(x)=f(x)$.
Write $f=f_{+}+f_{-}$, and use the approximation above

$$
C_{M}^{\eta}=\left\{x| | f_{n}(x)-f(x) \mid<\eta \text { for all } n \geq M\right\}
$$

For any fixed $\eta>0$, every $x$ is in some $C_{M}^{\eta}$, and hence $\cup_{M} C_{M}^{\eta}=E$. Since $C_{M}^{\eta}$ is an increasing family of sets, $\mu\left(C_{M}^{\eta}\right) \rightarrow \mu(E)$, by countable additivity.

Now we each $n$, we choose $M_{n}$ so that with $B_{n}=\left(C_{M_{n}}^{2-n}\right)^{c}$, the measure of $B_{n}$ is less that $2^{-n} \epsilon$. Note that we now have $\left|f_{k}(x)-f(x)\right|<2^{-n}$ for $x \notin B_{n}$ and $k \geq M_{n}$

Then let $B=\cup B_{n}$ and $A_{\epsilon}=E \backslash B$, and we see that $f_{n} \rightarrow f$ uniformly on $A_{\epsilon}$ since for every $n$ there exists $M_{n}$ such that $\left|f_{k}(x)-f(x)\right|<2^{-n}$, for $x \in A_{\epsilon}$ and $k \geq M_{n}$. Moreover, $\mu(B) \leq \sum_{n} 2^{-n} \epsilon=\epsilon$.

Using this theorem, we see that if $f$ is a bounded function on $E$, with $|f|$ bounded by $M$ say, and if $\phi_{n}$ are simple functions converging pointwise to $f$, with each $\left|\phi_{n}\right| \leq M$, then the integrals $\int \phi_{n}$ converge. It is not hard to check that the limit of the integrals is independent of the choice of sequence $\phi_{n}$ (if it did depend on the choice, we could splice together two sequences with integrals converging to different limits, and obtain a sequence whose integrals did not converge). The integral of $f$ is defined to be

$$
\int f=\lim _{n} \int_{E} \phi_{n}
$$

One then checks that the integral so defined has the properties of linearity, additivity, monotonicity and the triangle inequality

In fact, repeating the argument above using Egorov's theorem proves the Bounded Convergence Theorem (a baby version of the Dominated Convergence Theorem):

Theorem 9.2. Suppose that $f_{n}$ is a sequence of measurable functions that are all supported on a fixed set $E$ of finite measure, and uniformly bounded by $M$. If $f_{n} \rightarrow f$ a.e., then

$$
\int f_{n} \rightarrow \int f
$$

Step 3. Nonnegative measurable functions. Notice that we trivially have the property that, if $f$ is bounded and supported on a set of finite measure $E$, then we have

$$
\int f=\sup \int g
$$

where the sup is over all bounded measurable $g$ supported on $E$ with $g \leq f$. This follows from monotonicity, showing that $\int g \leq \int f$ for any such $g$, together with the fact that we may take $g=f$.

### 9.1 Defining the integral

As with the Lebesgue integral, we first define the integral on simple functions, then on bounded measurable functions defined on a set of finite measure, then on nonnegative measurable functions and finally on measurable functions. In each case, we check that the integral satisfies four conditions:

- Linearity: for $a, b \in \mathbb{R}$,

$$
\int(a f+b g)=a \int f+b \int g .
$$

- Additivity: if $E$ and $F$ are disjoint measurable subsets of $X$ then

$$
\int_{E} f+\int_{F} f=\int_{\text {Ni }} f .
$$

- Monotonicity: if $f \leq g$, then

$$
\int f \leq \int g .
$$

- Triangle inequality:

$$
\left|\int f\right| \leq \int|f| .
$$

Step 1. The integral of a simple function $f=\sum_{i} a_{i} 1_{E_{i}}$ is defined to be

$$
\int f=\sum_{i} a_{i} \mu\left(E_{i}\right) .
$$

It is crucial that this formula is independent of the representation of $f$ as a simple function (this uses the finite additivity of $\mu$ ). We also define

$$
\int_{E} f=\int 1_{E} f
$$

Then we can check that the integral for simple functions satisfies all four conditions above.
Step 2. Bounded functions supported on a set of finite measure $E$. To define the integral here we need Egorov's theorem. Egorov's theorem essentially says that a sequence of measurable functions converging pointwise actually converges uniformly, away from a set of arbitrarily small measure

Theorem 9.1 (Egorov). Let $f_{n}$ be measurable functions converging pointwise on $E$ to $f$. Then for any $\epsilon>0$ there is a subset $A_{\epsilon}$ of $E$ of measure at least $\mu(E)-\epsilon$ such that $f_{n} \rightarrow f$ uniformly on $A_{\epsilon}$.

2

We use this to define the integral for nonnegative measurable functions. That is, if $f$ is nonnegative and measurable, we define $\int f$ to be the sup of $\int g$ over all bounded functions $g$ such that $0 \leq g \leq f$ and $g$ is supported on a set of finite measure. Notice that the value of the integral might be $+\infty$ (we use the convention that the sup of a set that is not bounded above is $+\infty$ ).

Again you should check that the integral so defined has the properties of linearity, additivity, monotonicity and the triangle inequality. These properties are all straightforward except for the linearity property

It is straightforward to check that

$$
\int c f=c \int f, \quad c \geq 0
$$

for nonnegative measurable functions, so it suffices to check that

$$
\int\left(f_{1}+f_{2}\right)=\int f_{1}+\int f_{2}
$$

for such functions. Given $g_{i}$ such that $0 \leq g_{i} \leq f_{i}$ and $g_{i}$ is bounded and supported on a set of finite measure, the function $g=g_{1}+g_{2}$ has the same property with respect to $f_{1}+f_{2}$. Then

$$
\int g_{1}+\int g_{2}=\int g \leq \int\left(f_{1}+f_{2}\right),
$$

and taking the sup over all $g_{1}, g_{2}$ shows that

$$
\int f_{1}+\int f_{2} \leq \int\left(f_{1}+f_{2}\right)
$$

For the reverse inequality, suppose that $0 \leq g \leq f_{1}+f_{2}$ and $g$ is bounded by $M$ and supported on a set of finite measure $E$. Define $g_{i}$ by

$$
g_{i}(x)=\left\{\begin{array}{l}
0 \text { if } x \notin E \\
f_{i}(x) \text { if } f_{i}(x) \leq M \\
M \text { if } f_{i}(x)>M
\end{array}\right.
$$

Then $g_{1}+g_{2} \geq g$ pointwise, giving

$$
\int g \leq \int g_{1}+\int g_{2} \leq \int f_{1}+\int f_{2}
$$

and taking the sup over all such $g$ gives the opposite inequality.
Now in this setting it is no longer the case that $f_{n} \rightarrow f$ a.e. implies that $\int f_{n} \rightarrow \int f$. You have already seen examples, e.g. $f=0$ and $f_{n}=n 1_{[0,1 / n]}$ on the real line. However, an inequality holds:

Lemma 9.3 (Fatou's lemma). Suppose that $f \geq 0$, and that the sequence of functions $f_{n}$ is nonnegative and converges to $f$ a.e. Then

$$
\liminf _{n} \int f_{n} \geq \int f
$$

- Mass in the integral can 'bubble off' and escape in the limit. However, since $f_{n}$ are nonnegative, only positive amounts of mass can be lost.
Proof: Take any $0 \leq g \leq f$ which is bounded and supported on a set of finite measure, and define $g_{n}=\min \left(g, f_{n}\right)$. Then by the bounded convergence theorem, $\int g_{n} \rightarrow \int g$. Since $g_{n} \leq f_{n}$, we have

$$
\lim \int g_{n}=\liminf \int g_{n} \leq \liminf \int f_{n}
$$

Hence $\int g$ is less than $\lim \inf \int f_{n}$, and taking the supremum over $g$ gives the result.
A corollary is

Theorem 9.4 (Monotone convergence theorem). Let $f \geq 0$, and let $f_{n}$ be an increasing sequence of measurable functions converging to $f$. Then

$$
\lim \int f_{n}=\int f
$$

Step 4. General measurable functions. In this case, we cannot integrate all such functions; we restrict to the class of integrable functions $f$, for which

$$
\int|f|<\infty
$$

To define the integral for real functions, we write $f=g_{1}-g_{2}$, where $g_{i} \geq 0$. This can be done, for example, by taking $g_{1}=\max (f, 0)$ and $g_{2}=-\min (f, 0)$. Then we define

$$
\int f=\int g_{1}-\int g_{2}
$$

The integrals on the RHS are defined in Step 3. One needs to check that this is independent of the representation $f=g_{1}-g_{2}$. But if also $f=h_{1}-h_{2}$, where $h_{i} \geq 0$, then $g_{1}+h_{2}=g_{2}+h_{1}$. By linearity of the integral in Step 3, we find that

$$
\int g_{1}+\int h_{2}=\int g_{2}+\int h_{1}
$$

5

Theorem 9.6. Suppose that the sequence $f_{n}$ of measurable functions converges to $f$ a.e., and $\left|f_{n}\right| \leq g$ for some nonnegative integrable function $g$. Then

$$
\int\left|f_{n}-f\right| \rightarrow 0, \text { and hence } \int f_{n} \rightarrow \int f
$$

Proof: Using the previous lemma, choose a set $E$ of finite measure such that $g \leq M$ on $E$, and such that

$$
\int_{E_{c}} g<\epsilon
$$

Then,

$$
\int\left|f_{n}-f\right|=\int_{E}\left|f_{n}-f\right|+\int_{E^{c}}\left|f_{n}-f\right|
$$

By the bounded convergence theorem,

$$
\int_{E}\left|f_{n}-f\right| \rightarrow 0
$$

On $E^{c}$, we estimate $\left|f_{n}-f\right| \leq 2 g$, and see that

$$
\int_{E^{c}}\left|f_{n}-f\right| \leq \int_{E^{c}} 2 g \leq 2 \epsilon
$$

Thus, $\lim \sup \int\left|f_{n}-f\right| \leq 2 \epsilon$, and since this is true for all $\epsilon>0$ we obtain the result.

### 9.2 Product measures and Fubini's theorem

Let $X=X_{1} \times X_{2}$ and suppose that $\left(X_{1}, \mathcal{M}_{1}, \mu_{1}\right)$ and $\left(X_{2}, \mathcal{M}_{2}, \mu_{2}\right)$ are two measure spaces. Can we define a measure $\mu$ on $X$ with the property that $\mu(A \times B)=\mu_{1}(A) \mu_{2}(B)$ for all $A \in \mathcal{M}_{1}$ and $B \in \mathcal{M}_{2}$ ?

We can do this by defining a premeasure on an algebra of subsets of $X$, namely the algebra $\mathcal{A}$ consisting of finite unions of disjoint rectangles, which by definition are sets of the form $A \times B$, where $A \in \mathcal{M}_{1}$ and $B \in \mathcal{M}_{2}$. This is an algebra: the complement of $A \times B$ is $\left(A \times B^{c}\right) \cup\left(A^{c} \times B\right) \cup$ $\left(A^{c} \times B^{c}\right)$, while the union of two rectangles is the disjoint union of at most 6 rectangles.

We define our premeasure on the disjoint union $\cup_{j} A_{j} \times B_{j}$ by setting

$$
\mu_{0}\left(\cup_{j} A_{j} \times B_{j}\right)=\sum_{j} \mu_{1}\left(A_{j}\right) \mu_{2}\left(B_{j}\right)
$$

which shows the value of $\int g_{1}-\int g_{2}$ is independent of the choice of $g_{i}$.
The integral of an integrable complex-valued function $f=g+i h$, where $g, h$ are real, necessarily integrable functions, is defined to be $\int g+i \int h$.

We can then check that the integral on integrable funtions is linear, additive, monotonic and satisfies the triangle inequality.

The most important convergence theorem in integration theory is the dominated convergence theorem. To prove it we start with a lemma:

Lemma 9.5. Let $g$ be an integrable function. (i) Given $\epsilon>0$, there exists $a$ set $E$ of finite measure such that

$$
\int_{E^{c}}|g| \leq \epsilon .
$$

(ii) Given $\epsilon>0$, there exists $M>0$ such that, with $A=\{x| | g(x) \mid>M\}$, we have

$$
\int_{A}|g| \leq \epsilon
$$

To prove (i), define

$$
E_{n}=\{x| | g(x) \mid \geq 1 / n\}
$$

Then $E_{n}$ has finite measure, since $\int|g| \geq \mu\left(E_{n}\right) / n$. Let $g_{n}=|g| 1_{E_{n}}$. Then $g_{n} \rightarrow|g|$ monotonically, so by the monotone convergence theorem,

$$
\int g_{n} \rightarrow \int|g|
$$

Thus, by taking $n$ large enough, we have

$$
\int_{E_{n}}|g|=\int g_{n} \geq \int|g|-\epsilon
$$

To prove (ii), we define $A_{n}$ to be the set where $|g| \geq n$, and let $g_{n}=|g| 1_{A_{n}}$. Then, since the measure of the set where $|g|=\infty$ is zero, we have $|g|-g_{n} \rightarrow|g|$ a.e. Therefore, by the monotone convergence theorem,

$$
\int g_{n} \rightarrow 0
$$

Thus taking $n$ sufficiently large, we have $\int g_{n} \leq \epsilon$. and thus $\int_{A_{n}}|g| \leq \epsilon$.
Using this it is quite straightforward to prove the dominated convergence theorem:

6

We have to check that this is independent of the representation as a disjoint union of rectangles and that it satisfies countable additivity: whenever $C \in \mathcal{A}$ is the countable disjoint union of rectangles $A_{j} \times B_{j}$, then

$$
\mu_{0}(C)=\sum_{j} \mu_{0}\left(A_{j} \times B_{j}\right)
$$

It is enough to do this for rectangles $A \times B$. We have for every $x_{1} \in X_{1}$

$$
1_{A}\left(x_{1}\right) \mu_{2}(B)=\sum_{j} 1_{A_{j}}\left(x_{1}\right) \mu_{2}\left(B_{j}\right)
$$

using countable additivity of $\mu_{2}$. Then integrating in $x_{1}$ and using the monotone convergence theorem, we obtain

$$
\mu_{0}(A \times B)=\sum_{j} \mu_{0}\left(A_{j} \times B_{j}\right)
$$

The premeasure $\mu_{0}$ generates a measure $\mu$ on the $\sigma$-algebra $\mathcal{M}$ generated by $\mathcal{A}$. This defines the product measure $(X, \mathcal{M}, \mu)$.

We shall now prove a Fubini theorem for this product measure. First, we prove a special case. For any set $E \subset X$ we define $E^{x_{2}}$ to be

$$
\left\{x_{1} \in X_{1} \mid\left(x_{1}, x_{2}\right) \in E\right\}
$$

i.e. the slice through $E$ with fixed second coordinate $x_{2}$.

Proposition 9.7. Assume that $\mu_{1}$ and $\mu_{2}$ are both complete and $\sigma$-finite. Suppose that $E \subset X$ is measurable. Then for almost every $x_{2} \in X_{2}, E^{x_{2}}$ is measurable w.r.t. $\mu_{1}$, and

$$
\int_{X_{2}} \mu_{1}\left(E^{x_{2}}\right) d \mu_{2}=\mu(E)
$$

Moreover, if $E \in \mathcal{A}_{\sigma \delta}$, then the same is true with 'almost every' replaced by 'every'.
Proof: We first prove the second statement. Thus, assume that $E \in \mathcal{A}_{\sigma \delta}$. In fact, we first suppose that $E \in \mathcal{A}_{\sigma}$, i.e. is a countable union of rectangles. Without loss of generality, these rectangles $E_{j}=A_{j} \times B_{j}$ are disjoint. The conclusion is obvious for a single rectangle. Noting that $E_{j}^{x_{2}}$ are disjoint measurable sets in $X_{1}$, countable additivity of $\mu_{1}$ and the monotone convergence theorem show that the LHS is equal to

$$
\sum_{j} \int \mu_{1}\left(E_{j}^{x_{2}}\right) d \mu_{2}=\sum_{j} \mu_{1}\left(A_{j}\right) \mu_{2}\left(B_{j}\right)
$$

which is equal to the RHS by countable additivity of $\mu$.
Now for any set $E \in \mathcal{A}_{\sigma \delta}$ with $\mu(E)$ finite and also each slice has $\mu_{1}\left(E^{x_{2}}\right)$ finite, we can write it as a countable intersection of $\mathcal{A}_{\sigma}$ sets $E_{j}$, which we may are assume are decreasing, and then $\mu\left(E_{j}\right) \rightarrow \mu(E)$. Then the sets $E_{j}^{x_{2}}$ are a decreasing family with intersection $E^{x_{2}}$, which is therefore measurable; moreover, if we define $f_{j}\left(x_{2}\right)=\mu_{1}\left(E_{j}^{x_{2}}\right)$, and $f\left(x_{2}\right)=\mu_{1}\left(E^{x_{2}}\right)$, then $f_{j}$ is a nonincreasing family of finite measurable functions with $f_{j} \rightarrow f$. (We needed to assume that each $x_{2}$ slice had finite measure here; Stein \& Shakarchi seems to make a mistake here.) Hence $f$ is measurable, and by the monotone convergence theorem,

$$
\lim _{j} \int_{X_{2}} f_{j}\left(x_{2}\right) d \mu_{2}\left(x_{2}\right)=\int_{X_{2}} f\left(x_{2}\right) d \mu_{2}\left(x_{2}\right) .
$$

However, the LHS is $\lim _{j} \mu\left(E_{j}\right)$ by our first result, which converges to $\mu(E)$ as we saw above. This establishes the result for $E \in \mathcal{A}_{\sigma \delta}$ with $\mu(E)$ finite and each $x_{2}$ slice finite. To treat the general case, we take increasing sequences $F_{j}, G_{j}$ in $X_{1}, X_{2}$ respectively, of sets of finite measure whose union is $X_{i}$, and define $E_{j}=E \cap\left(F_{j} \times G_{j}\right)$. We apply the result to each $E_{j}$, and use the monotone convergence theorem on the LHS and countable additivity on the RHS to deduce the result.

To prove the result for general $E$, we first show for sets $E$ of measure zero. Then there exists $F \in \mathcal{A}_{\sigma \delta}$ with $E \subset F$ and $\mu(F)=0$. The result already proved then shows that $\mu_{1}\left(F^{x_{2}}\right)$ is zero for a.e. $x_{2}$, hence by completeness of $\mu_{1}, E^{x_{2}}$ is measurable for a.e. $x_{2}$ (with measure zero). This establishes the result for $E$ with measure zero. In general, $E \subset G$ where $G \in \mathcal{A}_{\sigma \delta}$ and $Z=G \backslash E$ has measure zero. Combining the results proved for $Z$ and for $G$, we obtain the result for $E$. $\quad$.

As a corollary, we see that a set $E$ of measure zero in $X$ has slices $E^{x_{2}}$ which have $\mu_{1}$ measure zero except on a set of $\mu_{2}$ measure zero.

## Now we can prove

Theorem 9.8 (Fubini-Tonelli). Let $X$ be as above. Suppose that $f\left(x_{1}, x_{2}\right)$ is a nonnegative measurable function on $X$. Then
(i) the slice function $f^{x_{2}}$ defined by $f^{x_{2}}\left(x_{1}\right)=f\left(x_{1}, x_{2}\right)$ is measurable for a.e. $x_{2}$;
(ii) $x_{2} \mapsto \int_{X_{1}} f^{x_{2}}\left(x_{1}\right) d \mu_{1}\left(x_{1}\right)$ is measurable on $X_{2}$;
(iii)

$$
\begin{equation*}
\int_{X_{2}}\left(\int_{X_{1}} f^{x_{2}}\left(x_{1}\right) d \mu_{1}\right) d \mu_{2}=\int_{X_{1} \times X_{2}} f d \mu \tag{9.1}
\end{equation*}
$$

Moreover, if $f$ is integrable, rather than nonnegative, on $X$, then the conclusions are
(i) the slice function $f^{x_{2}}$ defined by $f^{x_{2}}\left(x_{1}\right)=f\left(x_{1}, x_{2}\right)$ is integrable (in particular, measurable) for a.e. $x_{2}$;

Suppose that $(X, \mathcal{M}, \mu)$ is a measure space and that $(Y, \mathcal{C})$ is a measurable space (that is, a set with a $\sigma$-algebra of sets). We say that $F: X \rightarrow Y$ is measurable if $F^{-1}(E) \in \mathcal{M}$ whenever $E \in C$. In this situation, we can define an induced measure on $Y$, the pushforward measure $F \mu$, as follows:

$$
(F \mu)(E)=\mu\left(F^{-1}(E)\right)
$$

It is straightforward to check that this is countably additive on $C$.
Proposition 9.9. Let $f: Y \rightarrow \mathbb{R}$ be measurable. Then,

$$
\int_{X}(f \circ F) d \mu=\int_{Y} f d(F \mu)
$$

in the sense that when the RHS exists, so does the LHS and then they are equal.
Proof: This is true for $f=1_{E}$, the characteristic function of $E \in C$, by definition of $F \mu$. By linearity it is true for all simple functions. We then show that it is true for nonnegative functions using the MCT, as in the Fubini proof above, and finally, for all integrable functions.

A very important case is the following: let $R \subset \mathbb{R}^{n}$ be a closed rectangle, and let $F: R \rightarrow \mathbb{R}^{n}$ be a $C^{1}$ diffeomorphism onto its image, i.e. a $C^{1}$ function with a $C^{1}$ inverse $G: F(R) \rightarrow R$.

Theorem 9.10. The pushforward of Lebesgue measure $d \lambda$ under $F$ is equal to $d \lambda|\operatorname{det} D F|^{-1}$, or equivalently, the pushforward of $|\operatorname{det} D F| \cdot d \lambda$ is equal to $d \lambda$. Consequently, we have the change of variable formula

$$
\begin{equation*}
\int_{R}(f \circ F)(x)|\operatorname{det} D F(x)| d \lambda(x)=\int_{F(R)} f d \lambda . \tag{9.2}
\end{equation*}
$$

The proof is given in the notes for interest, but will not be covered in class.
The model situation is when $F$ is an invertible linear map:
Proposition 9.11. Suppose that $F$ is an invertible linear map. Then $F(d \lambda)=|\operatorname{det} F|^{-1} d \lambda$; that is, the image of any measurable set $E$ under $F$ has measure $|\operatorname{det} F| d \lambda(E)$.

Proof: Any square matrix can be written as the product of a finite number of the following 'elementary' matrices: diagonal matrices; permutation matrices; and matrices of the form

$$
M_{c}=\left(\begin{array}{cccc}
1 & 0 & 0 & \ldots \\
c & 1 & 0 & \ldots \\
0 & 0 & 1 & \ldots \\
. & . & . & . \\
0 & 0 & \ldots & 1
\end{array}\right)
$$

```
(ii) \(x_{2} \mapsto \int_{X_{1}} f^{x_{2}}\left(x_{1}\right) d \mu_{1}\left(x_{1}\right)\) is integrable on \(X_{2}\);
(iii) (9.1) holds.
```

Proof: First, suppose that $f=1_{E}$ for some $\mu$-measurable set $E \subset X$. Then the result is precisely given by the previous Proposition. Therefore the result holds for simple functions $f$ by linearity of the integral. Now suppose that $f$ is nonnegative. Take an increasing sequence of simple functions $f_{n}$ converging to $f$. Then $f_{n}^{x_{2}}$ converges monotonically to $f^{x_{2}}$, so by the MCT, we have

$$
\int_{X_{1}} f_{n}^{x_{2}}\left(x_{1}\right) d \mu_{1} \rightarrow \int_{X_{1}} f^{x_{2}} d \mu_{1}\left(x_{1}\right)
$$

for every value of $x_{2}$. Applying MCT again, we find that

$$
\int_{X_{2}}\left(\int_{X_{1}} f_{n}^{x_{2}}\left(x_{1}\right) d \mu_{1}\right) d \mu_{2}
$$

converges to

$$
\int_{X_{2}}\left(\int_{X_{1}} f^{x_{2}}\left(x_{1}\right) d \mu_{1}\right) d \mu_{2} .
$$

On the RHS, applying MCT once again shows that

$$
\int_{X_{1} \times X_{2}} f_{n} d \mu \rightarrow \int_{X_{1} \times X_{2}} f d \mu .
$$

Since the theorem holds for each $f_{n}$, this shows that it also holds for $f$.
The second conclusion follows by applying the first to the positive and negative parts of $f$ separately (or the positive real, negative real, positive imaginary and negative imaginary parts separately if $f$ is complex-valued).

Example. Integration in polar coordinates. Let $\left(S^{n-1}, \mathcal{M}_{S^{n-1}}, d \theta_{n}\right)$ denote the standard ( $n-1$ )sphere with its usual $\sigma$-algebra (the Lebesgue measurable sets in any smooth coordinate chart) and measure, and let $\left(\mathbb{R}_{乙}, \mathcal{M}_{\mathbb{R}_{乙}}, r^{n-1} d r\right)$ denote the half-line with the Lebesgue measurable sets and the measure $r^{n-1}$ times Lebesgue measure $d r$. We can show that the product measure space is naturally identified with Lebesgue measure on $\mathbb{R}^{n}$. Then Fubini-Tonelli justifies integration in polar coordinates.

### 9.3 Pushforward of measures

To see this, note that multiplying a matrix by the one above on the left has the effect of adding $c$ times row 1 to row 2 . By combining with permutation matrices, we can add $c$ times any row to any other. If we multiply on the right instead, we can do column operations instead. Hence we can apply row and column operations to any matrix, and eventually reduce it to a diagonal matrix.

So to prove the theorem, it suffices to show for the elementary matrices, since both the determinant and the volume-magnification factor are multiplicative. The result is obvious for diagonal and permutation matrices since they map rectangles to rectangles with the correct measure ratio. So it is enough to prove for $M_{c}$ above. To do this it suffices to treat dimension 2.

So consider the effect of $M_{c}$ on a rectangle $R=[0, A] \times[0, B]$, where $A, B>0$. This gets mapped by $M_{c}$ to a parallelogram $P$ with sides from $(0,0)$ to $(A, c A)$ and from $(0,0)$ to $(0, B)$. But $P$ can be covered by $n$ rectangles

$$
\left[A \frac{j}{n}, A \frac{j+1}{n}\right] \times\left[c A \frac{j}{n}, c A \frac{j+1}{n}+B\right],
$$

and contains the $n$ rectangles

$$
\left[A \frac{j}{n}, A \frac{j+1}{n}\right] \times\left[c A \frac{j+1}{n}, c A \frac{j}{n}+B\right] .
$$

Thus the measure of $P$ is estimated by

$$
n \cdot \frac{A}{n}\left(B-\frac{c A}{n}\right) \leq \mu(P) \leq n \cdot \frac{A}{n}\left(B+\frac{c A}{n}\right),
$$

and hence $\mu(P)=A B=\mu(R)$.
For the next lemma, let $Q$ be a closed rectangle, centred at the origin, such that the ratio between the longest and shortest side is $\leq 2$.

Lemma 9.12. Let $F$ be a $C^{1}$ map from $Q$ to $\mathbb{R}^{n}$, satisfying $F(0)=0$ and

$$
\|D F(x)-A\| \leq \epsilon
$$

for sufficiently small $\epsilon$ and fixed invertible linear map $A: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$. (Here we use the operator norm on matrices:

$$
\left.\|A\|=\sup _{|x|=1}|A x| .\right)
$$

Let $\epsilon^{\prime}=2 \sqrt{n}\left\|A^{-1}\right\| \epsilon$. Then, the image $F(Q)$ contains $\left(1-\epsilon^{\prime}\right) A Q$, and is contained in $\left(1+\epsilon^{\prime}\right) A Q$.

Proof: We first prove this with $A$ equal to the identity. In that case, we compute for $x \in Q$

$$
\begin{gathered}
F(x)-x=\int_{0}^{1} \frac{d}{d t}(F(t x)-t x) d t \\
=\int_{0}^{1}\left(D F_{t x}(x)-x\right) d t, \text { so } \\
|F(x)-x| \leq \int_{0}^{1} \epsilon|x| d t=\epsilon|x| .
\end{gathered}
$$

Now let $c_{1}$ be half the length of the shortest side of $Q$ and let $c_{2}=\max _{x \in Q}|x|$. By the condition on $Q$ we have $2 \sqrt{n} c_{1}>c_{2}$. Therefore, $F(x)$ is in the $\epsilon c_{2}$ enlargement of $Q$. This is contained in $(1+2 \sqrt{n} \epsilon) Q$ since the sides of this rectangle are at least $2 \sqrt{n} c_{1} \epsilon \geq c_{2} \epsilon$ from the corresponding sides of $Q$. Hence, $F(x) \in\left(1+\epsilon^{\prime}\right) Q$.

To show that $F(Q)$ covers $\left(1-\epsilon^{\prime}\right) Q$, we observe that $F(\partial Q)$ is disjoint from $\left(1-\epsilon^{\prime}\right) Q$ by the argument above. For sufficiently small $\epsilon$, the condition on $D F$ ensures that this is invertible. Then, by the inverse function theorem, $F$ is locally a diffeomorphism, and therefore sends small open balls to open sets. It follows that $F$ maps the interior of $Q$ to interior points of $F(Q)$, and therefore the boundary of $F(Q)$ is contained in $F(\partial Q)$.

Assume for a contradiction that there exists $x_{0} \in\left(1-\epsilon^{\prime}\right) Q$ not in the image of $F$. Consider the line segment $t x_{0}, t \in[0,1]$. Then this goes from $0=F(0) \in F(Q)$ to $x_{0} \notin F(Q)$ without intersecting $\partial F(Q)$, which is a contradiction.

Now we treat the case of general $A$. Let $F^{\prime}=A^{-1} \circ F$. Then $\left\|D F^{\prime}-\mathrm{Id}\right\| \leq \epsilon\left\|A^{-1}\right\|$, since $\left\|B_{1} B_{2}\right\| \leq\left\|B_{1}\right\|\left\|B_{2}\right\|$. From what we just proved, we get

$$
\left(1-\epsilon^{\prime \prime}\right) Q \subset F^{\prime}(Q) \subset\left(1+\epsilon^{\prime \prime}\right) Q
$$

with $\epsilon^{\prime \prime}=2 \sqrt{n} \epsilon\left\|A^{-1}\right\|$. Applying $A$ on the left we find

$$
\left(1-\epsilon^{\prime \prime}\right) A Q \subset F(Q) \subset\left(1+\epsilon^{\prime \prime}\right) A Q,
$$

as required.
Lemma 9.13. Suppose that $\|D F(x)-A\|<\epsilon$ for some $0<\epsilon<\|A\| / 2$. Then there exists a $C$ depending only on dimension $n$ such that

$$
|\operatorname{det} D F(x)-\operatorname{det} A|<C \epsilon\|A\|^{n-1}
$$

13
since $F(R)$ is equal to the disjoint union of the $F\left(Q_{i}^{n}\right)$. On the other hand, (9.3) shows that $g_{n}$ is uniformly bounded and converges pointwise to $|\operatorname{det} D F|$. The DCT shows that

$$
\lim _{n} \int_{R} g_{n} d \lambda=\int_{R}\left|\operatorname{det} D F_{x}\right| d \lambda
$$

Therefore,

$$
d \lambda(F(R))=\int_{R}\left|\operatorname{det} D F_{x}\right| d \lambda
$$

Thus, Lebesgue measure $d \lambda$ and the pushforward $F(|\operatorname{det} D F| d \lambda)$ agree on $F(R)$, and therefore on $F\left(R^{\prime}\right)$ for any subrectangle $R^{\prime} \subset R$. Since any open set $O$ in $R$ is a countable union of rectangles, the same is true for $F(O)$ for all open $O \subset R$. Since $F$ is assumed to be a diffeomorphism, $F(O)$ runs over all open sets in $F(R)$. Now observe that the family of sets for which the two measures agree forms a $\sigma$-algebra, so they must agree on the $\sigma$-algebra generated by open sets, i.e. the Borel sets. Moreover, it is not hard to see that the pushforward of a set of measure zero has measure zero (this is true for all Lipschitz $F$ ), so the two measures agree on all sets which differ from a Borel set by a measure zero set, i.e. all Lebesgue measurable sets.

It follows that the pushforward of the measure $\left|\operatorname{det} D F_{x}\right| d \lambda$ is $d \lambda$, as claimed.

### 9.4 The Lebesgue-Stieltjes integral

The Lebesgue-Stieltjes integral gives a meaning to the expression

$$
\int_{a}^{b} g(x) d F(x)
$$

where $F$ is an non-decreasing function. Roughly, this is supposed to be the limit of expressions of the form

$$
\sum_{i=1}^{n} g\left(t_{i}\right)\left(F\left(t_{i}\right)-F\left(t_{i-1}\right)\right), \quad a=t_{0}<t_{1}<\cdots<t_{n}=b
$$

Let us say that an non-decreasing function $F(x)$ is normalized if it is right-continuous: that is, that $F(x)=\lim _{y \downarrow x} F(y)$ for all $x$. Any non-decreasing function can be normalized by changing its values on a countable set of points.

Theorem 9.14. Let $F$ be a non-decreasing, normalized function on $\mathbb{R}$. Then there is a unique Borel measure $\mu$, often denoted $d F$, such that $\mu((a, b])=F(b)-F(a)$ for all $a<b$.

Proof: Suppose that $D F$ and $A$ differed only in the first row. Then we could expand the determinant along the first row and find that

$$
\operatorname{det} D F-\operatorname{det} A=\sum_{j=1}^{n}\left((D F)_{1 j}-A_{1 j}\right) p_{j}(A)
$$

where $p_{j}(A)$ is a polynomial of degree $n-1$ in the entries of $A$ from rows $2 \ldots n$. This immediately gives the estimate, since $\left|p_{j}(A)\right| \leq C\|A\|^{n-1}$. In general, we can let $A_{j}$ be the matrix with the first $j$ rows from $D F$ and the remaining rows from $A$. Apply the estimate above for $\operatorname{det} A_{j}-\operatorname{det} A_{j-1}$, and use the fact that $\left\|A_{j}\right\| \leq\|A\|+\epsilon \leq 2\|A\|$.

Finally we prove the theorem. Since $D F$ is continuous on the compact set $R$, it is uniformly continuous. Therefore, there exists $\delta$ such that $\left\|D F_{x}-D F_{y}\right\|<\epsilon$ whenever $|x-y|<\delta$. Moreover, since both $D F$ and $D\left(F^{-1}\right)$ are continuous, there are bounds

$$
\left\|D F_{x}\right\| \leq M_{1}, \quad\left\|D\left(F^{-1}\right)_{F(x)}\right\| \leq M_{-1}, \quad x \in R .
$$

Choose a decomposition of $R$ into a finite number of disjoint rectangles $Q_{i}$ such that the longest side is at most twice the shortest side, and such that the diameter of $Q_{i}$ is less than $\delta$. Let $c_{i}$ be the centre of $Q_{i}$, and let $A_{i}=D F_{c_{i}}$. Then on each $Q_{i}$ we have, by Proposition 9.11 and Lemma 9.12, with $\epsilon^{\prime}=2 \sqrt{n} M_{-1} \epsilon$,
$\left(1-\epsilon^{\prime}\right)^{n}\left|\operatorname{det} A_{i}\right| \lambda\left(Q_{i}\right) \leq \lambda\left(F\left(Q_{i}\right)\right) \leq\left(1+\epsilon^{\prime}\right)^{n}\left|\operatorname{det} A_{i}\right| \lambda\left(Q_{i}\right)$.
Now define $d_{i}=\lambda\left(F\left(Q_{i}\right)\right) / \lambda\left(Q_{i}\right)$. Then

$$
\left(1-\epsilon^{\prime}\right)^{n}\left|\operatorname{det} A_{i}\right| \leq d_{i} \leq\left(1+\epsilon^{\prime}\right)^{n}\left|\operatorname{det} A_{i}\right|
$$

Now let $x_{i}$ be any point in $Q_{i}$. Using Lemma 9.13, we have

$$
\begin{align*}
& \left(1-\epsilon^{\prime}\right)^{n}\left(\left|\operatorname{det} D F_{x_{i}}\right|-C \epsilon M_{1}^{n-1}\right) \leq d_{i} \\
& \quad \leq\left(1+\epsilon^{\prime}\right)^{n}\left(\left|\operatorname{det} D F_{x_{i}}\right|+C \epsilon M_{1}^{n-1}\right) . \tag{9.3}
\end{align*}
$$

Now for $\epsilon=2^{-n}$ we choose a decomposition $Q_{i}^{n}$ as above. Define the function $g_{n}$ to be equal to $d_{i}=d_{i}^{n}$ on each $Q_{i}^{n}$ as above. By construction, we have

$$
\int_{R} g_{n} d \lambda=\lambda(F(R))
$$

- If $F$ is $C^{1}$ then the measure $\mu$ is given by $F^{\prime}(x) d x$ by the Fundamental Theorem of Calculus. Before embarking on the proof, consider a simple example: suppose $F(x)=2 x$. Then $d F=$ $2 d \lambda$. On the other hand, the pushforward $F(d \lambda)$ is equal to $\lambda / 2$. It seems that what we are looking at here is a sort of 'inverse' to the pushforward operation. And indeed, we can construct $\mu$ as a pushforward to a sort of inverse function to $F$. Of course, in general $F$ will not have an inverse! (since it need be neither one-to-one nor onto). However, we can use the order on $\mathbb{R}$ to define a sort of generalized inverse.
Proof: Let

$$
G(y)=\inf \{x \mid F(x)>y\} .
$$

Since $F$ is nondecreasing, $G$ is well defined at least on the interval between $\lim _{x \rightarrow-\infty} F(x)$ and $\lim _{x \rightarrow+\infty} F(x)$, and it is nondecreasing there. It is not hard to see that if $F$ is continuous then $G$ is indeed the inverse to $F$.

Now consider the measure $v=G \lambda$. Let $a<b$ be real numbers. What is $v((a, b])$ ? By definition, it is the Lebesgue measure of the set

$$
S=\{y \mid G(y) \in(a, b]\}
$$

This set is

$$
\{y \mid \inf \{x \mid F(x)>y\} \in(a, b]\} .
$$

Saying that $\inf \{x \mid F(x)>y\} \in(a, b]$ is a pair of conditions, so we can write $S=S_{1} \cap S_{2}$, where

$$
\begin{aligned}
S_{1} & =\{y: \inf \{x: F(x)>y\}>a\} \\
& =\{y: \forall x \leq a, F(x) \leq y\}
\end{aligned}
$$

and

$$
\begin{aligned}
S_{2} & =\{y: \inf \{x: F(x)>y\} \leq b\} \\
& =\{y: \forall \epsilon>0, \exists x<b+\epsilon \text { so that } F(x)>y\} .
\end{aligned}
$$

Now we make four observations:

1. if $y>F(a)$, then $y>F(x)$ for all $x \leq a$, so $y \in S_{1}$,
2. conversely, if $y \in S_{1}, y \geq F(x)$ for all $x \leq a$, and in particular $y \geq F(a)$,
3. if $y<F(b)$, we can take $x=b$ in the condition defining $S_{2}$ and see $y \in S_{2}$, and
4. conversely, if $y \in S_{2}, y<F(x)$ for infinitely many $x$ approaching $b$ from above, so by right continuity of $F, y \leq F(b)$.

Putting these, together, we see

$$
(F(a), \infty) \subset S_{1} \subset[F(a), \infty)
$$

and

$$
(-\infty, F(b)) \subset S_{2} \subset(-\infty, F(b)]
$$

so
$(F(a), F(b)) \subset S \subset[F(a), F(b)]$.
We have verified $\lambda(S)=F(b)-F(a)$. Thus $v$ has the required property. The proof of uniqueness follows standard lines.

These sorts of measures turn up in the spectral theorem for bounded (non-compact) selfadjoint operators on Hilbert space. This is phrased in terms of a spectral resolution on $H$, i.e. a family of orthogonal projection operators $E(x)$, for $x \in \mathbb{R}$, such that

1. $E(x)$ is nondecreasing in the sense that the range of $E(x)$ is contained in the range of $E(y)$ if $x \leq y$;
2. $E(x)$ is right continuous in the sense that $\lim _{y \downarrow x} E(y) f=E(x) f$ for all $f \in H$;
3. There exists an interval $[a, b]$ such that $E(x)=0$ if $x<a$ and $E(x)=\operatorname{Id}$ if $x>b$.

Then, for all $f, g \in H$, the function $(E(x) f, g)$ is nondecreasing and right continuous.
The spectral theorem for a bounded self-adjoint operator $T$ says there is a spectral resolution $E(x)$ s.t.
in the sense that

$$
\begin{aligned}
T & =\int_{\mathbb{R}} x d E(x) \\
(T f, g) & =\int_{\mathbb{R}} x d(E(x) f, g)
\end{aligned}
$$

as a Lebesgue-Stieltjes integral.

